



Assisting Senior Citizens with Making Covid Vaccine Appointments

Many senior citizens who are able to receive the vaccine may find the process difficult and confusing. Many of the pharmacies, health centers and vaccine stations require online reservations, confirmations via email and QR codes and other registration processes that may be difficult and unfamiliar to many citizens 65 and older.

If you have family members, friends or neighbors in this demographic, consider reaching out to them and assisting them with this process. There are a lot of ways you can help ease their confusion and concerns with the process and by helping more of the older population to receive their vaccines, the faster we can move on through the phases and get vaccines to more demographic groups.

You may not fill out any forms on their behalf. However, you can assist elderly citizens with accessing online registration sites and booking their appointment. A list of locations and to make an appointment here in Southern Nevada can be found at:

<https://covid.southernnevadahealthdistrict.org/vaccine/distribution>.

You can assist elderly citizens by providing transportation to the vaccination locations, reminding them to bring the required proof of identification and/or proof of essential employment. You can also remind them of their appointment date and time, as well as for their return appointment for their second shot **(21 days later for Pfizer Vaccine, 28 days later for the Moderna Vaccine.)**

By taking the time to help others, you too become part of the solution and help to speed along the process of delivering the vaccine, stopping the spread of the virus and saving countless lives in the process. With a little patience and kindness, we can work together and defeat the virus!