

## Mask Me Once, Mask Me Twice By Ryan Barbin

### ***Double Masking: What is it? Does it work?***

The newest update to the masking guidelines, double masking, is now recommended by the CDC. The CDC says that wearing a cloth mask over a tight-fitting surgical style or N95 mask improves protection effectiveness from Covid 19 by up to 96%.



Dr. Fauci also approved of double masking, saying that doing so should simply be, “common sense”.

Tests showed that cloth and surgical masks only provided about 40-45% effectiveness and protection, but by utilizing both a cloth mask atop of a surgical mask more than doubled this percentage.



As of now, double masking is not required by most state and local mask ordinances but is now being highly recommended.

Persons who have already received their vaccinations are still required to continue wearing their masks, as they may still be carriers and can infect others who are still currently waiting to receive their vaccines. This being the case, it is probably a good idea to consider adapting to double masking to stop the spread during the continued process of vaccination against the virus.

<https://www.cdc.gov/mmwr/volumes/70/wr/mm7007e1.htm>